



ACORN School
of Herbal Medicine

Advanced Herbalism
in the Vitalist Tradition

Student Handbook
2022-23

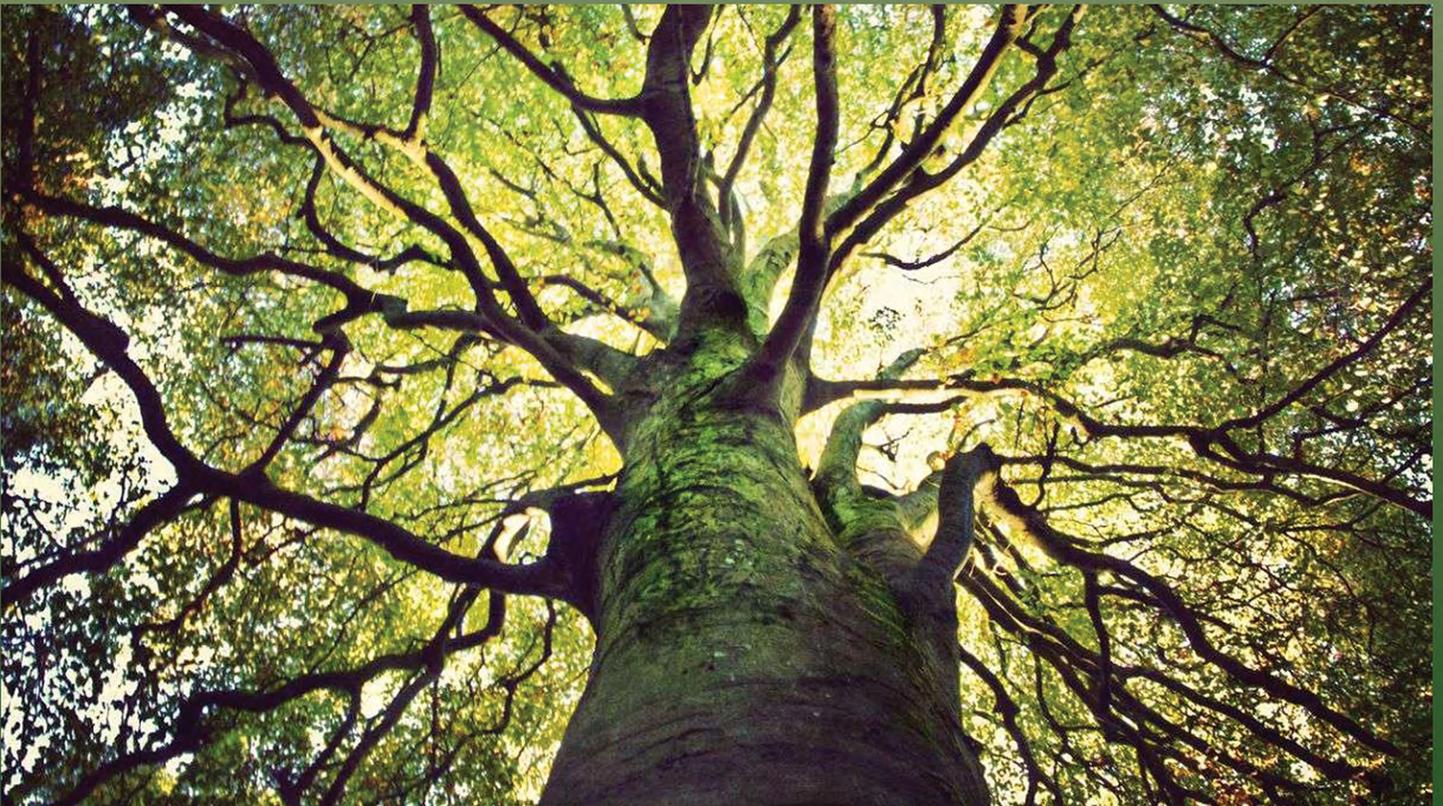


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School Information

The ACORN School of Herbal Medicine (referred to as ACORN) offers education in medical herbalism, clinical nutrition, basic physiology, field botany, herbal pharmacy, and other aspects of natural health. Our faculty members are certified herbalists with professional clinical experience and strong backgrounds in clinical nutrition. Our programs are not accredited by any educational agency in the State of California.

ACORN is affiliated with the North American Institute of Medical Herbalism (referred to as NAIMH). ACORN teaches the curriculum created by Paul Bergner, Medical Herbalist and Clinical Nutritionist for NAIMH. Paul founded NAIMH in 2003, and from 2003 until 2012, NAIMH was approved and Regulated by the Colorado Department of Higher Education, Private Occupational School Board. In July 2012 NAIMH relocated to Portland, Oregon. Oregon does not regulate this type of school, but NAIMH has kept and maintain the coursework approved by Colorado. NAIMH is not academically accredited, and students are not eligible for federal government loans. Each ACORN instructor has completed courses with NAIMH, under the instruction of Paul Bergner.

ACORN is owned solely by Heather Luna Keasbey, CCH, CN.

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Telephone: 530-955-3131

Website: www.acornherbschool.com

Email: acornherbschool@gmail.com

Our classroom is now online. All classes are held online using video conferencing technology. Students will join online for “live” classes taught by Heather Luna and still listen to audio recording of Paul Bergner’s course curriculum. Medicine making care packages will be mailed to each student on a monthly basis and will contain all material needed to complete the herbal pharmacy and medicine making requirements for that month.

Advanced Herbalism in the Vitalist Tradition program students are dually enrolled at both the ACORN School of Herbal Medicine and the North American Institute of Medical Herbalism. Upon completion of this course, you will receive two separate certificates: one certificate from ACORN and one from NAIMH.



Work with the forces of Nature
to establish a better quality of life for modern living



Our Philosophy

In the practice of herbalism, we seek to treat the whole person, not the disease. In doing so herbalists employ healing methods intended to increase vitality and support the natural forces within us to restore balance on all levels. Our educational programs emphasize Vitalist principals in which to elevate the quality of life to facilitate deeper and more meaningful relationships with ourselves, our bodies, our community and to the Earth. We offer both a traditional and clinical platform from which to launch herbal practitioners into the life long journey. Using herbs as a way of life is an art. We support the creative process of self-care as a means to offer our services to others.

Our Vision

We invite you to participate in paving the way for a cultural shift in healing the landscape of the human being. As herbalists we employ healing methods that support Nature's innate ability to flourish. On this journey we learn to work with the forces of Nature. We seek to establish a better quality of life in modern living, knowing that health and wellness are not limited to what is perceived in physical form, but must be addressed at all levels of our being. This approach to personalized health care fosters an enriched human experience which directly affects the well-being of our relationships, our communities, and our culture.

Understanding Vitalism

“Vitalism in healing is a clinical strategy based on the principle that Life, Nature, and the Great Spirit from which they arise are fully present in all the tissues of the body, and also in the psyche, the spiritual heart, and the soul, sustaining life and health, providing momentum for personal evolution on all levels, and for the fulfillment of the highest purpose in social and spiritual life. Vitalist practitioners employ clinical strategies and methods which support this life power through encouragement of nourishment, digestion, rest, and appropriate activity, identification of purpose in personal life, connection with nature, an active spiritual life, identification and removal of obstacles to cure on all levels, and avoidance of methods which suppress or distort life processes. The Vitalist incorporates all aspects of science, especially physiology and pathophysiology, but equally values knowledge from traditional herbalism, empirical observation, instinct and intuition, and is not confined to the narrow materialistic world view that dominates much of modern science, medicine, and social life.” – Paul Bergner



A.C.O.R.N.

Academic Community Of Radical Nature-cure

In order to practice herbalism effectively one must turn towards Nature as the original instructor. Working with plants is working with the forces of Nature. Nature Cure is a healing modality as old as humanity itself. Our contemporary expression of it originated in the mid-1800s. Practitioners used whole food diets, restoration of the circadian rhythm, bathing in healing waters, movement in the fresh clean air, and the skilled application of herbs. This was practiced while spending ample time in natural landscapes and wild places. They found these methods to be curative of many conditions. It is from this tradition that modern naturopathic medicine was developed. In order to facilitate a cure, we must unpack the habits of modern lifestyle and restore the balance of Nature's original instructions in human life. It is our mission to resurrect these principles in the practice of western herbalism today.

We are a learning community and each of us comes to this calling with something to offer. We learn directly from experience, from our own and from each other. Every student on this path has the ability to become a teacher for ourselves, for those we serve, and for one another. The unique effects of herbs on one individual offer experience for all of us in the setting of shared community learning.

We cultivate a ferocious appetite for learning with in-depth study and rigor in our academic work. In defense of Nature's ability to heal, we take a radical stand against those dominant medical practices that suppress life's innate healing processes. We are the resistance against the distorted views of suppression which are known to cause harm and illness.

We have come to call our school the Academic Community of Radical Nature-cure. Servants of Life. Lovers of trees. Humble nuts of the mighty oak. ACORN.



"Flipped" Classroom Model

We offer a "flipped" classroom model for most of the academic portions in each program where reading materials and instructional audio recordings are done prior to class time. Class time is then spent engaging in further discussion, answering questions, and delving deeper into the world of healing and plant medicine. This approach allows for community learning as we practice key components with feedback. This is a teaching model that is being adopted by universities and colleges across the globe. The benefits of a flipped classroom is that students are able to learn more deeply, there is more active participation in learning, and the students get to interact more and learn from each other.



Core Faculty Members



Paul Bergner, Medical Herbalist, Clinical Nutritionist

Founder of North American Institute of Medical Herbalism

Primary instructor – Paul is the creator of our course curriculum; he is the voice on all audio teachings and it is his work in Western herbalism that we will primarily study.

Paul Bergner has studied and practiced natural medicine since 1973, with formal studies in naturopathy, medical herbalism, clinical nutrition, traditional Chinese medicine, Ayurvedic medicine, flower essences, yoga therapy, and bodywork, including undergraduate studies in pre-medicine and psychology, and 50 semester hours of doctoral level medical studies at National College of Naturopathic Medicine. He has edited the Medical Herbalism journal since its founding in 1989, and has written seven books on medical herbalism, nutrition, Chinese medicine, ethnobotany, and naturopathic medicine. He has also edited periodicals on clinical nutrition and naturopathic medicine.

Paul directed the clinical herbalism programs at Rocky Mountain Center for Botanical Studies and the NAIMH for eighteen years, training more than 230 certified clinical herbalists in an 1100+ hour education that culminates in an eight-month internship program. He is currently on the regular and clinical faculties of the Colorado School for Clinical Herbalism in Boulder, CO, and the School for Traditional Western Herbalism in Portland, OR. He has been adjunct faculty in nutrition at Naropa University, visiting faculty in nutrition and pathophysiology at the Tai Sophia Institute, and nutrition faculty at the Seven Bowls School of Nutrition. In addition to directing the NAIMH, he teaches herbal Materia medica and therapeutics, clinical nutrition, basic medical sciences, clinical skills, medical history and philosophy, and nature studies.



Heather Luna, Clinical Herbalist, Clinical Nutritionist

Founder & Director of the ACORN School of Herbal Medicine

Co-instructor, administrative director, student advocate

A Clinical Herbalist, Clinical Nutritionist, and resident of Nevada County since her teens, Heather Luna is a graduate of the John Woolman School, the Rocky Mountain Center for Botanical Studies, and the North American Institute of Medical Herbalism. Her teachings are rooted in both medical and folk herbalism. Her passion for Nature has guided her in a practice of herbs, nutrition, bodywork, and the body/mind/spirit phenomenon for the past 20 years.

Trained in various Western and Earth Centered traditions, Heather's understanding of herbal medicine is drawn from the wisdom of the Earth and the knowledge passed down from herbal teachers before. Heather weaves the spiritual and scientific aspects of herbalism into a wealth of information that is steeped in wisdom. Private sessions with Heather offer appropriate guidance in herbal and nutritional counseling, specific dietary programs, coaching through food allergies, connecting with plant and animal allies, therapeutic and uterine massage, vaginal steams, foot bathing, flower essences, relaxation techniques, plant brushings, bee venom therapy and a wide variety of custom herbal preparations.

Heather teaches full time at the ACORN School, manages and runs the Medicine Garden at a local farm in Nevada City and operates the school's Free Clinic Online. She has instructed classes in Western Herbalism in the Sierra Foothills for more than a decade. A lifelong student, mother, beekeeper, massage therapist, and plant medicine whisperer, Heather hunts inspiration and cooks it up in service to inspire others. Her free time is spent gathering plants, making herbal medicines, walking in the woods, enjoying the Yuba River, and spending time with her amazing daughter and her dog. Heather specializes in teaching how to properly "self-care" and nourish oneself to good health through herbs, nutrition, rest, bodywork and the art of simple living close to nature.





Advanced Herbalism in the Vitalist Tradition

September 7th, 2022 - May 31st, 2023

Wednesdays 11:00 am – 4:00 pm PST

Program Overview

Our Advanced Herbalism program prepares the herbalist for becoming a clinical practitioner in the field of Vitalist Herbalism. Students will learn how to complete a full-length client intake, perform a deep level case investigation by applying vitalist assessment skills and case analysis techniques. Students will practice the art of how to apply natural therapeutics and herbs to individual cases, and gain critical insights to perform subsequent follow up visits with a client for long term health transformations. This includes the necessary technical skills to write up a case for peer review and faculty feedback in a clinical setting.

This program features audio recorded lectures with Paul Bergner as part of our flipped classroom model. Students will also receive direct experience under his professional guidance in our live online classroom. While Paul's work is known worldwide and access to his teachings are available in a number of schools around the globe, this program offers a unique expression of his works. His 50 years of accumulated knowledge have been refined bringing a heightened skillset to the development of becoming a professional herbalist. He has trained more than 400 clinical herbalists since 1996.

Students listen to Paul Bergner's audio recorded lectures as homework and then come to class where students will participate in exercises and discussions that provide valuable firsthand experience with practical applications in Materia medica, case assessment, clinical skills, therapeutic approaches, and the art of developing client practitioner relationships. The flipped curriculum offers a higher retention of learning while gaining insight from shared experiences and faculty feedback.

Heather Luna has been a student of Paul Bergner for over 20 years. She will facilitate the classroom setting and provide both insight and guidance based on her own experience of having applied the principles of vitalist medicine in her clinical practice since 1999. She is a dedicated teacher, a forever student, plant advocate, administrative director, and coordinator for community learning.



Hours

The Advanced Program is a total of 453 hours.

- 124 Class hours (online) + 329 Independent Study hours (including audio recorded lectures)

Course Outline

Advanced Program Audio Lectures Course Outline	
Materia Medica Track	
Advanced Herbal Actions & Formulations	8.75 hours
Herbal Safety Seminar	10.5 hours
Materia Medica Intensive	13.5 hours
Herbal Pairing and Modular Formulation	7.5 hours
Materia Medica Differentials	10 hours
Therapeutics Track	
Detoxification, Liver and Alteratives	9.5 hours
Fatigue Therapeutics & Adaptogens	12.5 hours
Systemic Inflammation, Food Intolerance/Autoimmunity	11 hours
Herbs for the Spiritual Heart	1.5 hours
Viral Infections	9.5 hours
Working with the Heavy Cannabis User	5.25 hours
Hypothyroid	1.25 hours
Insulin Resistance	6 hours
Obesity: Ethics and Harms	6 hours
Biofilms and Chronic Infections	7 hours
Nutrition in the Herbal Paradigm	14.5 hours
Clinical Track	
Healing as a Spiritual Path	2 hours
Interview Skills in the Vitalist Tradition	1.5 hours
Intake and Pattern Assessment	10.75 hours
Getting the Story Right	1.5 hours
Art of the Follow-up	1 hour
Case Analysis	3 hours
Case Studies in Vitalist Herbalism	4.5 hours
Total Audio Lectures Hours	160 hours

Academic Commitment

This program offers a rigorous study in the field of Advanced Herbalism. While class time is held live only 4 hours a week, homework and independent study hours average about 6 hours a week. A 90% class attendance and a completion of all program assignments is required in order to graduate.

Prerequisites

This program has prerequisite requirement of a minimum of 300 hours of training in Foundational Herbalism, having attended our *Footprints in Medical Herbalism* program or the equivalent. If you are not certain that your previous training qualifies you for our Advanced Program, please contact the school to inquire.



General Enrollment Information

- Prospective students must fill out an application for enrollment.
- You must have previous herbal education & training to apply (see Prerequisites above).
- There is a non-refundable \$50 application fee.
- Once applications are accepted there is a deposit required to hold your place in the program.
- You must be 18 years of age or older to attend classes.

Tuition

Total \$4100

- Deposit: \$50
- Tuition: \$3150
- Course Materials: \$900

Deposit of \$50 is due upon acceptance - Once you are accepted into the Advanced Program you will be emailed an invoice to pay your deposit. This deposit holds your place in the program, and is non-refundable.

Course Materials of \$900 is due 8/24/22 - The Course Materials must be paid in full by this date. The purchase is non-refundable.

Tuition Monthly Payment Plan

Once your deposit and Course Materials are paid for you will have monthly tuition payments. Payments are due on the 1st Tuesday of the month, see the schedule below. You will be sent an invoice via email each month to pay your tuition. Our payment plan helps make the monthly payment affordable. Custom payment schedules can be made to meet your financial needs. Please contact ACORN directly to make specific arrangements. Tuition can be paid in full as well.

Upon acceptance	8/24/22	9/6/22	10/4/22	11/1/22	12/6/22	1/3/23	2/7/23	3/7/23	4/4/23	5/2/23
\$50 Deposit due	\$900 Course Materials payment due	\$350 Tuition Payment								

How Class Works

Zoom Class Schedule

1st Day of Class: September 7, 2022 ~ Last Day of Class: May 31, 2023

Wednesdays 11:00 am – 4:00 pm PST

Our classes will be held online using Zoom. Paul Bergner usually teaches the morning class (11:00 am – 1:00 pm) and Heather Luna teaches the afternoon class (2:00 – 4:00 pm). Lunch is from 1:00 – 2:00 pm. For the complete class schedule see our Advanced Program Calendar on the last page of this handbook.

Self-Study/Audio files (Course Materials)

Listening to Paul's recorded classes is an essential aspect of our herbal learning environment. His audio lectures are full of valuable information and experience that drives the entire program. You will listen to the assignment (audio file) on your own time and complete the given homework projects before the next class. The Advanced Program Course Materials is a library of digital files that will come as a download which includes: audio recorded lectures with Paul Bergner, notes and slides to accompany each lesson, data files, clinic forms,



and PDF text references. We recommend saving these files to some type of external hard drive. The cost of the Course Materials is in addition to tuition and is non-refundable.

Homework

- All homework must be turned in as a Google Doc file in order to be graded. Homework submitted in other formats (Word, Pages, PDF, etc) will NOT be graded.
- All homework must be submitted to the email address: advancedherbalism@gmail.com

Field Classes

We are excited to continue our in-person, outdoor Field Classes! These classes will be held independently from the Advanced Program curriculum and anyone is welcome to join (students or the greater community). Students enrolled in the Advanced Program 2022-23 will receive a discount for attending these Field Classes. Details and registration in on our website: <https://www.acornherbschool.com/field-classes>

School Policies

Postponement of Start Date

If the Advanced Program has a postponement of its starting date, due to unforeseen circumstances, all students will be notified immediately via phone, text or email. A new date will be set as soon as possible.

School Closures & Holidays

ACORN may choose to close due to personal illness or an unforeseen circumstance. If this happens students will be notified as soon as possible by phone, text or email. See our Calendar for all breaks and closures.

Classes are not held on the following national holidays:

- New Year's Eve & New Year's Day
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving & the following Friday
- Christmas Eve & Christmas Day

Please see the School Calendar at the end of this handbook for the full class schedule.

Entrance Requirements

- Previous herbal training/education is a prerequisite for being accepted into the Advanced Program. Acceptance is determined based on experience and training. Previous training, experience, or education from another institution will be evaluated on a case-by-case basis.
- The school does not discriminate based on disability, race, creed, color, sex, sexual orientation, transgender status, marital status, national origin, or ancestry.
- Prospective students must have a High School diploma or equivalency to be accepted for enrollment. Students also must be 18 years of age or older to be accepted.
- All students must complete an application and any applicable entrance exams specific to the program they wish to attend.
- Completion of a program does not guarantee acceptance into the next level program. ACORN will consider attendance record, completion of assignments, behavior and entrance exam scores when considering admittance to the next level program.



Enrollment

Prospective students may enroll at any time until the first day of a program. Late enrollments will be accepted at the discretion of ACORN.

Requirements to Earn Certificate

- 1) **Attendance:** You must attend all online classes.
- 2) **Tardiness:** You must attend class on time.
- 3) **Homework:** You must complete ALL assigned coursework to earn a certificate, no exceptions.

Attendance & Tardiness

Students are expected to arrive on time for class with proper materials and all assignments completed. An overall attendance rate of at least 90% is required to pass the Advanced Program. The student may be put on probation, with written notice, if attendance requirements are not being met during a course. Instructors may request your withdrawal from a course or program if absences or tardiness are excessive.

Absences

- **Excused Absences**
 - Students are allowed 3 Excused Absences during the Advanced Program. Any further absences will be treated as Unexcused and a loss of credit hours will result.
 - If you are sick, ill or unable to attend class for any reason you are required to do the following in order to have an Excused Absence:
 1. Notify ACORN via phone or email no later than 24 hours before class. List your reason(s) for missing class and when you expect to return.
 2. Turn in all homework due for the class by the due date. If this is not possible you must contact your instructor to discuss this.
 3. Contact the Director to schedule a make-up class. This session will be scheduled at the convenience of the class instructor. Make-up classes are available at a rate of \$50/hour.
- **Unexcused Absence**
 - If you miss class and do not have an Excused Absence, you will lose credit for those classes. Excessive Unexcused Absences will result in poor attendance record that will prevent the student from earning their Certificates.
 - 3 Unexcused Absences constitute a meeting with the Director and a written probation. Specific terms will be determined by the Director at the time of the meeting.
- **Tardiness:**
 - Students arriving late for 3 classes will be docked one full day of class, which may, at the school's discretion, be made up with a special assignment.
 - Excessive tardiness will constitute a meeting with the Director and a written probation. Specific terms will be determined by the Director at the time of the meeting.
- **Leave of Absence:**
 - Students who are unable to continue classes for medical reasons or severe personal problems will be required to take a leave of absence until they are able to return to class. There are no fees due to this type of absence. The Director will require proper documentation to grant this request.



Incomplete & Late Assignments

- All homework assignments must be completed by their due date in order to participate in the next class. If an assignment is not turned in by the due date the student will lose attendance credits for the class that it was assigned for. This is imperative to keep up with the pace of the classes. Each assignment prepares you for the next class.
- Assignments turned in late will be accepted with a late fee of \$25 per assignment and a scheduled make-up class at the rate of \$50/hour.
- All late work must be turned in at once with the late fee(s) in order to receive credit.
- Assignments must be completed in order to earn a grade in a class.
- **If incomplete assignments are not resolved within 7 days after the last day of the Advanced Program, a certificate will not be awarded.** In order to earn your certificates, all missing and incomplete assignments must be turned in, late fees paid, and a reinstatement fee of \$100 paid to grade and determine if certification criteria has been met.

Progress Reports & Grades

Advanced Program students will receive periodic progress reports. Grades on homework, quizzes and exams will be reported to students via email and/or in person by faculty.

Conduct Policy

All students are expected to act maturely and are required to respect other students and faculty members. We are tolerant of all peoples and expect as much from any student attending our school.

Dismissal

Any student may be dismissed for violations of school policy, as specified in this Student Handbook. A student also may be withdrawn from classes by ACORN if he or she does not prepare sufficiently, neglects assignments, or makes unsatisfactory progress. The Director, after consultation with all parties involved, makes the final decision. The Director may temporarily suspend a student whose conduct is disruptive or unacceptable to the academic setting. After appropriate counseling, students who demonstrate a genuine desire to learn and comply with the school standards of conduct may be allowed to resume attendance. The Director will review each case and decide upon re-admittance.

Student Complaints

Student complaints of any nature should be brought to the attention of the school Director in order to be resolved. The Director has the final say on all disputes.

Payment Policy

All payments are expected to be made by the due date given. Payments not received on time are subject to Late Fees, and students may be prohibited to attend class until payment has been made.

Late Tuition Payments

- Payment is considered late on the second day after the due date (there is a one-day grace period to submit payment). ACORN charges a Late Fee for tuition payments received after this time.

Late Fees for Late Payments

- A late payment fee is assessed at \$10.00 per day until the payment is made. Late fees will be due at the same time as the past due payment.



Credit Card Declined or Bad Checks Written

- If the credit card provided declines or if the check written for tuition comes back as insufficient funds, the student will be given notice immediately and will have 48 hours to provide payment before Late Fees are assessed and further action is taken.

Bad Check Fees

- In addition to Late Fees, there will be a one-time bad check fee of \$25.00 that will be added to the payment due. After two Bad Checks written to ACORN, we will decline that form of payment and require a Credit Card moving forward.

Financial Hardship

- If you experience a financial hardship that prevents you from making tuition payments, please contact the Director as soon as you know you cannot make your next payment. The Director can hear your case and try to work out a reasonable arrangement to keep you enrolled.

Refund Policy / Disenrollment

- **Withdrawal from the Advanced Program:**
 - If you decide not to attend the Advanced Program after you have paid your deposit and signed the Enrollment Agreement, please send your *request to withdraw* in writing (letter or email) to ACORN, Attn: Heather Luna.
 - The deposit of \$50 is non-refundable.
 - The purchase of the Course Materials is non-refundable.
 - Tuition paid for classes not attended is refundable, see below.
- **Monthly Payments:**
 - Monthly tuition payments made to ACORN for classes attended are non-refundable.
 - If you pay in advance several months and need to withdraw from the Advanced Program, you will be refunded for any pre-paid months starting from the next month's billing cycle.
- **Paid in Full:**
 - If you have paid for the Advanced Program in full and wish to withdraw, you will be refunded from the next month's billing cycle until the end of the program. For example, if you withdraw in December, you will receive back January through May tuition.
- **Classes Attended:** No refunds are given for classes attended.

Placement Assistance

ACORN does not offer employment placement assistance to graduates. We make no guarantee, expressed or implied, of future employment.

Certificates Earned

Completion of the *Advanced Herbalism in the Vitalist Tradition* program earns the student two separate certificates.

1. ACORN School of Herbal Medicine Certificate – For completion of 124 classroom hours.
2. North American Institute of Medical Herbalism (NAIMH) Certificate – For completion of 329 hours of independent study.



Next Program

Upon graduation of the Advanced Herbalism in the Vitalist Tradition program, you are now eligible to enroll in our third-year program, Clinical Residency & Roundtable. Please visit our website to learn more:

<https://www.acornherbschool.com>

Notes





Advanced Herbalism in the Vitalist Tradition

School Calendar 2022-23

Wednesdays 11 am – 4 pm PST
 (morning class: 11 am – 1 pm / afternoon class: 2 – 4 pm)

September 2022						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October 2022						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2022						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2022						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2023						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2023						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

March 2023						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April 2023						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

May 2023						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 1st Day of School
- Regular School Days
- No School
- Last Day of School